

# Grußwort

श्रीमती पानाबाका लक्ष्मी  
SMT. PANABAKA LAKSHMI



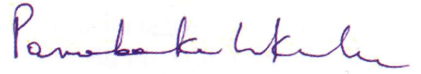
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## MESSAGE

I want to congratulate the editors and authors for this Handbook of Ayurveda. As Ayurveda is becoming more and more popular outside India in many countries of the world, there is a strong demand for a clear and profound presentation of this ancient science. Vedic Science and Modern Science, Vedic Medicine and Modern Medicine are not inconsistent, they complete and confirm each other. This book, written by Ayurvedic experts being also trained in western medicine and sciences, is a natural proof for that and a demand of time.

In the last three decades a tremendous revival of Vedic Sciences including Ayurveda has taken place. This is owing to the leading experts on the field of Veda and its different branches. A special credit goes to His Holiness Maharishi Mahesh Yogi for his outstanding contribution in the revival of this precious knowledge.

I, therefore, wish to express my appreciation to the editors and authors for bringing this practical knowledge to the people in their country. I specially congratulate Dr. J.R. Raju.

  
( PANABAKA LAKSHMI)

New Delhi,  
Dated : 4<sup>th</sup> December, 2004